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NEW REVOLUTIONARY SELF-HELP GUIDE FOR WOMEN FROM ACCLAIMED ACTRESS GILLIAN ANDERSON AND RENOWNED ACTIVIST JENNIFER NADEL

(NEW YORK) – April 14, 2015. Atria Books today announced that it will publish a revolutionary self-help guide for women by actress Gillian Anderson and journalist and activist Jennifer Nadel, entitled *WE*. Judith Curr, President and Publisher, Atria Publishing Group, acquired North American English and Spanish, first serial, and audio rights from Lynn Nesbit and Claire Conrad at Janklow & Nesbit. Vice President, Senior Editor Leslie Meredith will edit the book.

WE will be published on March 8, 2016, to coincide with International Women’s Day. Urgent and timely, the book will address the spiritual, emotional, and psychological needs of women everywhere, providing a path to inner freedom and happiness, which in turn will have the power to change the world in which we all live.

WE is not a political treatise or a lecture on trying harder. “*WE* is a call-out to all women around the world – and by women I include girls, transgender, anyone who identifies themselves as being intrinsically female. It’s a reminder that we are all linked by the fact that we are female and that we

need to stick together and stand up for each other and not compete against each other. That wherever we are in the world and whatever our skin color, sexual preference, or religion, we are all united by the fact that we are female,” says Gillian Anderson.

Jennifer Nadel says, “There is a point at which everything intersects – the psychological, the spiritual, the material, and the political. *WE* is about taking a journey to that point, and when we reach it suddenly everything becomes possible.”

“In *WE*, Gillian and Jennifer will provide a very practical and inspiring guide for women to reconnect with a sense of self, integrity, and purpose,” says Judith Curr. “We are thrilled to work with them and, together with HarperNonFiction/Thorsons in the UK, we plan on making this book a global event in 2016.”

Imagine a sisterhood – across all creeds and cultures. An unspoken agreement that women will actively support and encourage each other, that they won’t seek to take advantage of another’s weakness, or sit in judgment of each other’s shortcomings, whether they know each other or not. *WE* urges women to become much more aware that they are connected in a way that transcends differences of background, orientation, and race. Both individually and together, women can take a journey towards a kinder, gentler, and much more meaningful life.

ABOUT GILLIAN ANDERSON:

Gillian Anderson is an award-winning film, television, and theater actress who gained worldwide recognition, awards, and critical praise for her role as Special Agent Dana Scully in the long-running drama series, "The X-Files." Some of her many credits include *The House of Mirth*, *The Last King of Scotland*, and the acclaimed mini-series *Bleak House*, *Any Human Heart*, and *Great Expectations* for the BBC. She was nominated for an Olivier Award in her performance as Nora in *A Doll’s House* and won the Evening Standard Theater Award for her portrayal of Blanche Dubois in *A Streetcar Named Desire* at The Young Vic. Gillian can be seen on Netflix as Stella Gibson in *The Fall* and on NBC as Bedelia Du Maurier in *Hannibal*. She is currently filming *War and Peace* for the BBC. Last year she published her first novel, *A Vision of Fire*. She is an activist, speaking out regularly on issues ranging from feminism to climate change. Chicago born, she lives in London with her three children.

ABOUT JENNIFER NADEL:

Jennifer Nadel trained as a lawyer before becoming a writer and journalist and becoming one of the UK's most senior female television correspondents. Her book on domestic violence was made into a BBC film and a Channel Four documentary and her report exposing the use of rape as a weapon of war in Bosnia was broadcast around the world. Her first novel has just been published by Little, Brown in the UK. A graduate of the Faber Academy, she has an MA in Creative Writing. She has a long history of activism and is currently a candidate for the UK Parliament for the Green Party. A mother of three boys, she was born in Princeton, New Jersey, and holds dual US and UK citizenship. She lives in London.

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